

Breakfast with Bob, hosted by Bob Babbitt, Interviews the Author of *Triing*

Bob Babbitt interviewed me, triathlete and author of *Triing: A Journey of discovery, challenges, and camaraderie while racing in 50 States and the continents beyond*.

Bob Babbitt is an entrepreneur, philanthropist, media host, interviewer, and triathlete who started racing in the late 1970s. He is a member of the USA Triathlon Hall of Fame and the Ironman Triathlon Hall of Fame (and two others). Babbitt also co-founded *Competitor Magazine* and The Challenged Athletes Foundation (CAF), which raised more than \$159 million to provide the adaptive equipment disabled athletes need to stay in the game of life through sport in 50 states and 73 countries. And he created various media shows to promote athletes and athletic endurance events for everyone.

He knows triathletes and triathlons worldwide and shares his conversations with all in the endurance community.

Here's the link to our interview: <https://youtu.be/x1LD6uo5Ehc>

I hope you'll tune in and buy *Triing* to boost sports involvement for under-served/over-achievers worldwide! You can buy *Triing* on Amazon at this link: [Triing: A Journey of discovery, challenges, and camaraderie while racing in 50 States and the continents beyond.: Morris, Doug: 9798848193657: Amazon.com: Books](https://www.amazon.com/dp/B0798848193657)

Bob is an author too. Here's a link to a book that might interest you: [The Complete IRONMAN®: The Official Illustrated Guide to the Ultimate Endurance Race: Babbitt, Bob, Ramsay, Gordon: 9781780979885: Amazon.com: Books](https://www.amazon.com/dp/B0781780979885)

You can also learn more about Bob and all his great work at: <https://babbittville.com/about>.

Profits generated from the sale of *Triing* will be donated to CAF and intellectually disabled organizations.

Best regards,

Doug Morris